



Holy Family Primary School
199 The Trongate, Granville East 2142
Phone: 8633 8200

Email: HolyFamilyEGranville@parra.catholic.edu.au
[//www.hfgranville.catholic.edu.au](http://www.hfgranville.catholic.edu.au)



'We endorse Parramatta C.E.O. policies, procedures & guidelines.'

22nd March 2019

SCHOOL ACTIVITIES DAY & CROSS COUNTRY TRIAL

Dear Parents/Carers,

Due to wet weather on Thursday the 21st March the School Cross Country carnival was postponed. The school Cross Country Carnival and activities day will now be run on **Thursday the 28th March, 2019**. All children from Years 3-6 are expected to attend.

The Carnival will be held at Colquhoun Park from 9am till 12.30pm.

For students to represent our school at the Diocesan Carnival on the 7th of May at Eastern Creek they will need to finish in the first 6 in their race and achieve the following times: 8/9 years 2km in 12 minutes, 10 years 2km in 12 minutes, 11/12 years 3km in 17 minutes.

To make this day a fun and active day for all students from Years 3-6, we will be hosting an activities morning which includes tabloid style rotational activities.

Children will participate in their current class groups and rotate around several activities focussing on gross motor development, hand eye coordination and fitness.

The activities will run while they are not competing in their cross country race with a rest period prior to their race. After the event the children will return to school to commence normal learning routines.

The children will be walking to and from the park with their class teachers. Sports uniform is to be worn on this day. Children need to bring in a small bag, a drink bottle containing water and recess. Please make sure that your child has a hat.

At school our infants (K-2) classes will also participate in a fun activities day, following a similar process to the activities at the park from 12:30 pm.

Parents are very welcome to join us at the park and participate with the class activities.

We will also be requiring parents helpers to mark out the cross country track to ensure the safety of all students and also to assist the teachers during the tabloid activities. If you are able to assist and you have completed your child protection working with children check, please complete the form below.

Please complete the attached permission note and return to the school office by Monday the 25th March.



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CROSS COUNTRY TRIAL AND ACTIVITIES DAY PERMISSION NOTE

I give permission for my child
..... of Class to attend the School Cross Country Trials
and activities day on Thursday 28th March, 2019.

I understand that my child will be walking to and from the Park.

Signed: Date:

CROSS COUNTRY PARENT HELPER NOTE

I would be able to help at the School Cross Country Trial and activity day on Thursday 28th March, 2019.

Name:

Phone Number:

Child's Name: Class:

Excursion Permission



SCHOOL ACTIVITIES DAY & CROSS COUNTRY TRIAL

I understand that the children will be walking to and from the park

I give permission for my child in class
to attend the school activities and cross country day on Thursday 28th March 2019 at
Colquhoun Park.

Medical Details

➤ Does your child have any medical condition which you feel that teachers should be aware of?

➤ Please list any allergies and the symptoms

➤ Does your child need to take medication during the excursion? (*Details needed by the Teacher*)

➤ Is there any other matter regarding your child's welfare and enjoyment of the excursion which you would feel the teacher should know?

➤ Any special Dietary Requirements (*for overnight excursions*)
eg. Allergies; sensitivities; intolerances; etc.

Contact Details

During this excursion I may be contacted on phone no.

Mother's Home/Work/Mobile Phone No's.

Father's Home/Work/Mobile Phone No's.

Emergency Name and Phone No.

Emergency

In the event of an emergency I give the teachers of Holy Family Primary School permission to seek medical attention for my child. I understand that I will be notified as soon as possible.

.....
Parent/Guardian signature

.....
(Name – please print)

Date

Parent Helper

Yes, I would like to be a parent helper on the day.

.....
Parent/Guardian signature

.....
(Name – please print)

